

Vonheim Saga

Published Monthly by Vonheim Lodge #1-108

Sons of Norway

1491 Dodd Road

Mendota Heights, MN 55118

Vonheim Saga



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Fra Presidenten

It's Cold Outside!

I was looking at the list of activities scheduled for the District 1 Convention in Duluth on June 12-14 this year. One of the featured items is a chance to ride in the port's icebreaker ship. I had to chuckle as I wondered if there wasn't a chance they might still need to use it when we arrive. It has been brutally cold this winter with my school district, Anoka-Hennepin, closing schools for a third day already this year and forecasts for more intense cold looming ahead.

This is the time of year when I envy the snowbirds that migrate south. We are doing our best to make our meetings during these winter months a warmer and safer outing for our members, by having them in the daylight hours at the American Swedish Institute on the weekend. We hope you will join us in the beautiful and warm Paulson Hall facility at ASI on Sunday, February 16 at 2pm and Sunday, March 16 at 2pm. We have some interesting programs and always good fellowship.

Remember that this is a convention year, so we will elect our delegates to district convention at our February meeting. The international convention this year will be in Jacksonville Florida in August. Delegates are selected at the District 1 convention.

March 16 at 2:00 p.m. at the American Swedish Institute, 2600 Park Ave So Minneapolis, MN.

"Aquavit Makes a Comeback!"

Our speaker, Mark McCarron will tell of his adventure in starting an Aquavit Business. He is attempting to connect with our Scandinavian traditions and heritage within the larger community of dill farmers, bartenders, restaurateurs, cultural groups, media writers, et al. He was featured in an extensive article in the December issue of the Viking magazine. He has said, "I've never felt more a part of our cities as I do now launching these aquavits."

Coming Events

(Meetings at the Americam Swedish Institue, 2600 Park Avenue So, Mpls. The meeting room is downstairs and handicapped accessible, including elevators)

Board meetings one hour before meetings

Feb 16 Lodge Mtg: Hardanger Fiddle

Mar 18 Lodge Mtg: Aquavit

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Vonheim Lodge Meeting Notes Tuesday, January 21, 2014

The lodge meeting was an outing to see the Stoughton Norwegian Dancers at Concordia University in St. Paul on January 19. There were at least 16 Vonheim members attending and over 300 from across the district to see this incredibly professional group of High School students from Stoughton, WI perform. The dancing was energetic and precise. The folk costumes were stunning. The girls each wore a bunad from different regions of Norway. It was a great time for all at a very reasonable cost with proceeds being raised for the District Scholarship Fund.

The board met on the third Tuesday in the Fjord Room of Sons of Norway. Action was taken to approve the lodge funding of District Convention costs for registration and half of each room cost. Vonheim is also taking out a 1/4 page ad in the convention book to help support production costs. Our lodge is sponsoring 10 camper scholarships for Skogfjorden. There have been no registrations for Masse Moro yet. We are changing the printer for the Saga to use their full service printing and mailing. Once the editor sends the newsletter content to the printer, the printing, folding, addressing and mailing costs are handled for us.

Merle Tingelstad mctingels@aol.com

If you are willing to bring a Coffee Treat to either the February or March meeting, please call Marilyn Boe at (763)420-9980.

Norway Predicted to Dominate the Podium in Sochi 2014 Olympics

With less than three months to go in the countdown to the 2014 Winter Olympic Games in Sochi, Russia, Norway is predicted to have its best showing at the games since its 26 medals in Lillehammer in 1994. Infostrada, the Olympic medal prediction service, recently updated their Virtual Medal Table. Topping the 2014 forecasts with a medal count of 37 medals each are Norway and Germany, a feat—if successful—that would tie the record set in 2010 by the United States. Also in the hunt for a high medal count in 2014 are Canada and the United States with 34 and 28 medals. Infostrada has also forecasted that Norway will win 15 gold medals, which would set a new Winter Games record and top the previous record of 14 gold medals achieved by Canada in Vancouver in 2010. Men's and women's biathlon and cross-country skiing events are expected to yield the bulk of Norway's medals while ski jumping and alpine, freestyle and speed skating round out the remaining medal count. Predictions by Infostrada are based on performances in prior Olympic Games as well as the World Cups and World Championships. Points are awarded to the Olympic hopefuls as part of a statistical model that evaluates the competition's results, difficulty, rankings and timeliness. As additional World Cup events are completed prior to the Winter Olympics, Infostrada's Virtual Medal Table will be updated to reflect new predictions. Visit <http://vmt.infostradasports.com/> to check out the latest predictions on the Virtual Medal Table and see where each of your favorite Norwegian athletes like Aksel Lund Svindal, Tora Berger and Emil Hegle Svendsen are predicted to place on the podium.



Sons of Norway District V Heritage Camp
Masse Moro

Find Friends on Facebook 

Now Accepting 2014 Applications Apply *early* to ensure your spot

Masse Moro is a Norwegian heritage camp focused on sharing the rich culture of Norway with our youth

Who: Youth ages 9-15 (must be 9 by July 20th)

When: July 20 – August 2, 2014

Where: Beaver Creek Reserve, Fall Creek, WI

Tuition: \$650.00 (Scholarships available – contact your lodge as soon as possible!)

Visit our website for application forms and more information!

www.massemoro.org



 If you are interested, please contact Scholarship Chairman, 

 Dennis Sorheim, at 651-451-7373 or psorheim@juno.com 

 by February 15th 



 **Cheer Report** 

 Mildred Peterson has moved to assisted living. Burre Schanche remains the same. Arden Nygaard is home and doing well. Garry Espe is in hospice care for his brain cancer. Louise Bakken is still in Rehab, but able to use a computer. 
 



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February 2014

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Dated Material Prompt Delivery Please

* **Please join Vonheim Lodge at our 2:00 p.m.** *
* **meeting at the *American Swedish Institute*, 2600 Park** *
* **Avenue So, MPLS, on Sunday, *February 16*.** *
* **The program features the Fedje Family Productions** *
* **whose mission is to Preserve Scandinavian Folk Music** *
* **and Dance in the Twin Cities.** *
* **Amanda Underwood, a new lodge member, is the CEO** *
* **and Artistic Director.** *
* **On this day the Hardanger Fiddle will be featured with a** *
* **performance and lecture.** *
* **Come to hear and learn about this very Norwegian type** *
* **of music.** *
* **The meeting room is downstairs.** *
