



Vonheim Saga  
Published Monthly by  
Vonheim Lodge #1-108  
Sons of Norway

## Fra Presidenten

### Mining Norway

There is a remarkable parallel in Norway to the issue of Polymet wanting to open a copper mine in the pristine waters of Northern Minnesota.

While Norway is among the richest countries, with average wages more than 50% greater than the EU average, the government wants to diversify from heavy dependence on oil revenues. Oil prices dropped steeply recently and oil revenue over longer time is expected to decline.

Norway has a significant deposit of the mineral Rutile, which is a valuable white pigment. The deposit approved for mining by the Norwegian government is near Vevring, Norway on a pristine fjord north of Bergen.

Rutile mining will bring 170 jobs to Vevring for a half century. It is a pit mine and finely crushed tailings are to be dumped into the fjord. Vevring is also home to salmon farms and there is now a strong environmental opposition. The Norwegian government vows stringent monitoring for water quality.

Balancing jobs and environment is a challenge everywhere.

Tusen Takk  
Merle Tingelstad

## Lodge Picnic

July 28th at 6PM come enjoy  
BBQ chicken and ribs from  
Caps

Cost: \$13

Reservations required to  
Marilyn 763-420-9980

The usual beans and cole slaw  
will round out the meal

The same location as previous  
years (not last years) and the  
delightful weather too.

There will be various activities  
for young and old, including  
bingo with prizes.



# COMING EVENTS

(Most meetings at the Lutheran Church of the Good Shepherd, 4801 France Ave. So., Mpls. The meeting room is downstairs and wheelchair-accessible, including elevators). Board meetings one hour prior. .

July 28—Annual Lodge Picnic

September 15—Lodge meeting

## Vonheim Lodge Meeting Notes

### Meatball Dinner

Mindekirken, Minneapolis, MN  
Tuesday, June 16, 2015

About 75 members and guests attended the Meatball Dinner meeting at Mindekirken. The dinner was catered by Magnolia's of St. Paul. Everyone got their fill of a delicious and well-prepared meal .

The meeting was kept short, with essential announcements and a cheer update. The Scandinavian Festival at Minnehaha was coming up on June 28. Vonheim's next lodge activity is a joint BBQ picnic with Oslo Lodge at 6pm on July 28th at Wabun Park pavilion by Minnehaha Park. Irma Chamberlain, former pianist for Vonheim passed away.

Skeets Langley headlined our 4-piece Scandinavian ensemble. They played a special program of favorite musical pieces. The music was enjoyed by all. Skeets is moving to Arizona this year, so it is likely his last program for Vonheim. It was a memorable farewell concert.

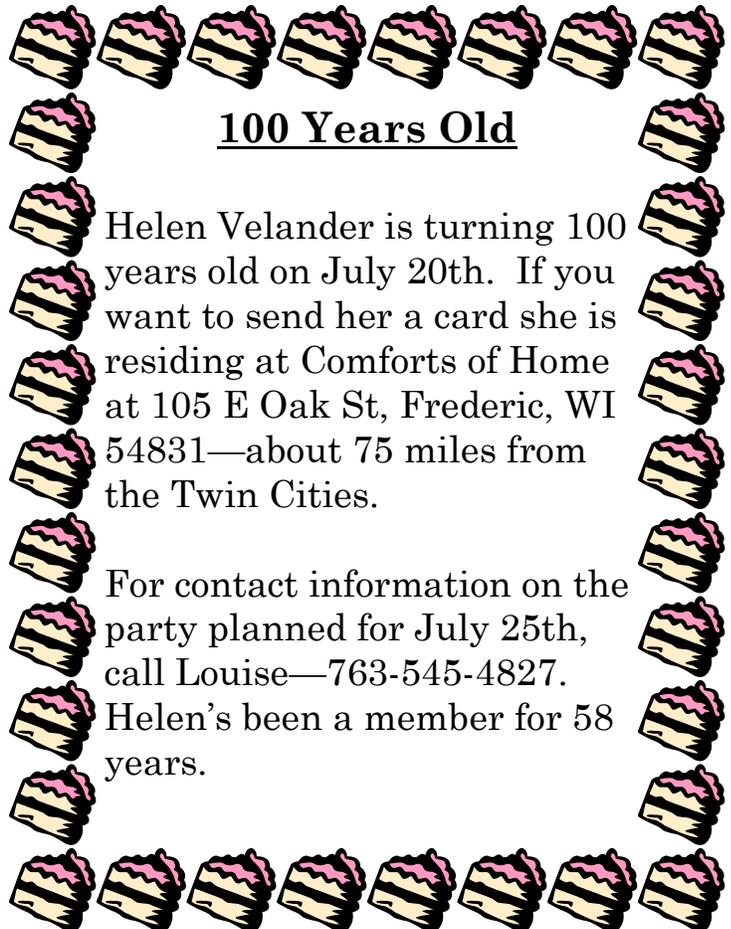
Merle Tingelstad  
[mctingels@aol.com](mailto:mctingels@aol.com)

## Norwegian Intellect

You may not be aware , but the World Chess Championship event was being held in Stavanger, Norway during the end of June. Not only is this key tournament being played in Norway, but the world's #1 rated chess player is currently 24 year old Sven Magnus Øen Carlsen of Tønsberg, Norway.

Chess is intellectually demanding, and Carlsen has the highest ranking provided to any player ever.

Carlsen is known to push the limits of the game and explore the gray areas of strategy. His aggressiveness does not always work out and his first 4 rounds of the 2015 tournament proved to be disastrous. However, he remains an acknowledge leader.



### 100 Years Old

Helen Velander is turning 100 years old on July 20th. If you want to send her a card she is residing at Comforts of Home at 105 E Oak St, Frederic, WI 54831—about 75 miles from the Twin Cities.

For contact information on the party planned for July 25th, call Louise—763-545-4827. Helen's been a member for 58 years.

## What does life insurance cover?

### Immediate Expenses:

\*Funeral Cost, \*Uncovered Medical Expenses, \*Mortgage & Other Debt, \*Taxes, \*Estate Settlement Costs.

### Ongoing Expenses:

\*Food, \*Housing, \*Utilities, \*Transportation, \*Healthcare, \*Clothing, \*Insurance, \*Income Replacement, \*Retirement Income

### Future Expenses:

\*College, \*Retirement, \*or simply leaving an Inheritance to loved ones.

**Be ready; contact your Sons of Norway Financial Benefits Counselor Today.**

**Dave Kompelien, 651-454-7019**

## Doughnut Franchise Coming to Norway

Norwegians are known for their fondness for coffee and with some of the world's highest consumption rates per capita, it is no surprise that Norway's coffee industry is thriving. Hoping to capitalize on this coffee-centric culture is US doughnut franchise, Dunkin' Doughnuts.

Although the company has more than 11,000 locations worldwide and is in more than 36 countries, it wasn't until recently that the chain opened shops in Denmark and Sweden. Now the chain is looking to break into the Norwegian market by opening its first locations in 2016, with the goal of up to 30 locations in the next five to seven years.

"Norway has a major coffee culture and a consumption pattern that will be important for us. Our impression is that Norwegians like to spend time in a café, and that the social side of it is more important than in other countries," said Jeremy Vitaro, vice president in the international division of Dunkin' Brands, in an interview with Oslo newspaper *Dagens Næringsliv (DN)*.

American-style doughnuts are fairly uncommon in Norway. The closest Norwegian equivalent, *smultringer*, are typically prepared without glaze or filling and consist of a cardamom flavored dough which is fried in lard. Norwegian cake doughnuts called *hjortebakkels* are also fried and feature cardamom.

Dunkin' Donuts' entrance into the Norwegian market will not be the first made by a state-side franchise. McDonald's and Burger King have an established history with Norway dating back to the 1980s, while coffee giant Starbucks, didn't appear in Norway until 2012. Fellow doughnut brand, Krispy Kreme International has yet to enter the Norwegian market but is currently looking for franchisees in several of the Nordic countries.

## In Memoriam

Irma Chamberlain passed away on June 15th at the age of 83. Irma was a member of Vonheim for 20 years. Our sympathies to her family.

**There will be no newsletter in July. The next lodge meeting will be in September.**

# Vonheim Saga

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**July 2015**

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**[www.Vonheim108.org](http://www.Vonheim108.org)**

## **NORWAY HOUSE IS OPEN.**

They are celebrating a series of open houses to showcase their new facility. Members of Vonheim are invited to attend an Open House on Sunday, July 19 from 1-3 pm. Tours and refreshments will be available with a brief program at 2pm. This special open house is for organizations who have supported Norway House financially - which Vonheim has done.

Norway House is located at 931 East Franklin Avenue, Minneapolis. Parking is available at Norway House and on neighboring streets.