



Vonheim Saga
Published Monthly by
Vonheim Lodge #1-108
Sons of Norway

Fra Presidenten

Time is Flying!

The past month seems to be a blur as it has gone by so quickly. Vonheim is busy completing the required end of the year reports. We are working on our financial audit and activities report.

We held our January meeting and elected delegates to District 1 Convention in June. Our delegates will be Merle & Kathy Tingelstad, Gregg Iverson, Gene Brandvold and Dave Kompelien. There is still time to get your name in as an alternate if you would be available June 9-11 for the convention in Cedar Rapids.

We are meeting for the winter months at American Swedish Institute on the third Sunday of each month at 2pm. If you missed our January meeting, you missed something special. We were able to see the beautiful photographic work of Doug Ohman, but even beyond that the wonderful stories behind the photos. Our February and March meetings also promise to be special events. I encourage you to join us and bring a guest

Tusen Takk

Merle Tingelstad

Join us on February 21st, Sunday, at 2PM at the American Swedish Institute, 26th and Park, in Paulson Hall (lower level of the old manor)



John Lauritsen of WCCO fame will share many insights from his career in television.

John Lauritsen grew up on a farm near Milan, MN. and graduated from Montevideo Senior High School. He received a Master's Degree in mass communications from St Cloud State University. He has experience at KSAX-TV in Alexandria, Kwwl-TV in Waterloo, Iowa and Channel 12 in Brooklyn Park. He has been a reporter, anchor, sports anchor, editor, producer and photographer during his television career.

John covers a variety of stories as a WCCO reporter; you can find him covering a crime story, a fire, a human interest story or a sporting event. In 2009, John received an Emmy for a story he did on a high school wrestler who survived the Cottonwood bus crash.

COMING EVENTS

(Meetings at the American Swedish Institute, 2600 Park Ave So, Mpls in Paulson Hall in the lower level)

Feb 21st 2PM
March 20th 2PM

Vonheim Lodge Meeting Notes

American Swedish Institute, Paulson Hall
Sunday, January 17, 2016

33 members and guests attended our January meeting on one of the coldest days of the year. It is fortunate that we began our winter schedule to allow the daylight to warm us a bit. We were pleased with the turnout for this special program.

We held a brief meeting for business. There were several guests present who were introduced and welcomed. Marilyn Boe announced our programs for February and March. These promise to be very interesting. Please see the announcements in this newsletter. Gregg Iverson spoke about our stamp collecting for Tubfrim. He encouraged everyone to keep clipping their postage stamps and turn them in. Annually, a trip to Norway is awarded to a lodge that has contributed stamps. This year, the winner was from the Western US.

Elections were held for our district delegates to convention in Cedar Rapids on June 9-11. The board had earlier approved the continuation of Vonheim paying for registration costs and for half of one room cost. The elected delegates are Merle and Kathy Tingelstad, Gregg Iverson, Gene Brandvold and Dave Kompelien. Alternates are still being accepted.

Vonheim Lodge Meeting Notes (continued)

Our program was presented by Doug Ohman. Many of us have seen his photo collection of churches in Minnesota. Doug has published 13 photojournals. Doug talked about how he got started in photography and the ultimate purpose of creating memories of what we experience.

We were given an overview program that included many photos of churches, barns, state parks, historic buildings, cats, roadside statues like Paul Bunyan and Babe. Besides the pictures being stunning, each one had a wonderful story behind it. An example was a picture of a unique barn with an unusual object beside it. It was an old outdoor phone booth that the farmer had picked up at an auction for \$5. Doug went through many of his most popular images, including a serene view over a dock on Mille Lacs.

The program concluded with Doug offering his books for sale while members enjoyed snacks and fellowship.

A little humor

Lena asked Ole "watcha doing today?"
Ole said "nothing."
Lena said "you did that all day yesterday." Ole said "Ja but I wasn't finished."

OLE'S BOSS had been invited to Ole and Lena's for supper. As Lena was setting the table, Ole's boss casually asked Little Ole what was being served for supper. Little Ole said, "I think it is buzzard . . . because this morning Mama said to Papa, 'If we are going to have that old buzzard for supper, it might as well be tonight.'"

2016 NORWEGIAN LANGUAGE CAMP SCHOLARSHIPS

Vonheim Lodge will again be providing scholarships to youngsters who are children or grandchildren of lodge members in 2016. Grants will be made to attend either Skogfjorden Language Village near Bemidji, MN, sponsored by Concordia College, or Maase Moro, a Norwegian Heritage camp sponsored by District 5 near Eau Claire, WI.

Registration for Concordia Language Village will again be online at

www.concordialanguagevillages.org.

Proof of registration must be submitted to Vonheim's scholarship chair, Dennis Sorheim, at psorheim@juno.com. For any new families who are considering sponsoring young people to attend Skogfjorden, contact Dennis at the above e-mail address or call him at (651) 451-7313 if you have questions. Vonheim's deadline for this registration is March 15th.

The registration for Masse Moro is not until May, 2016, but if any families are thinking of sending young people there, please notify Dennis by March 15 as well. It is helpful to know the total number of campers attending both camps to facilitate the allocation of \$ for the individual scholarships. The Masse Moro experience is a two-week camp in August each year and is a less expensive opportunity. Previous campers speak highly of this experience as well.

Making Bottles Out of Paper

Danish scientists and brewers have developed beer bottles out of paper. But is it possible to produce them quickly enough?

The current beer packaging is made from glass, metal or plastic. If beer could instead be sold in biodegradable bottles made of paper, it could be good for the environment. At the Technical University of Denmark (DTU), packaging researchers have started to collaborate with Carlsberg,

Making Bottles Out of Paper

(Continued)

one of the largest beer breweries in the world. The packaging company Ecoxpac is also participating in the research. The new biodegradable paper bottle could hypothetically be used for many things.

"We have aimed high, so the goal is to also use paper bottles for beer as well," says Thomas J. Howard, a scientist at DTU.

Must be made in six seconds Pouring orange juice into paper cartons also posed a challenge in its time, which scientists were able to solve. Using a paper bottle for beer requires a cap that can maintain the carbonation, for starters. Paper beer bottles must be stacked, transported and handled without breaking the bottles. According to the DTU researcher, the biggest challenge no longer lies in making the paper beer bottle, but in making it quickly enough. It needs to be produced in a very short time. This is something that breweries would require in order to use this innovation.

The critical time is six seconds—the speed required to make one bottle—for brewers to be interested in using it. At the same time, paper beer bottles need to be more environmentally friendly than the glass, metal or plastic currently used to bottle beer, which is not a given. Drinking beer from paper bottles within three years The prototype for the new beer bottle is made from recycled newspaper. For now, these bottles take much more than six seconds to produce. The scientists are testing out using a vacuum to squeeze out the water from the paper in just seconds. This could cut down the production time.

The scientists have been given three years and almost 28 million Danish kroner (4 million US dollars) to make something completely new. Thomas Howard tells the DTU online newspaper that he is convinced that he will be drinking beer from a paper bottle in three years.

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www.Vonheim108.org

**Sunday, March 20, 2:00 p.m.
American Swedish Institute**



Pati Kachel is a Story Teller on many topics.

“Ya Sure, I’m a Norvegin Lutheran.”

She shares captivating stories honoring her Norwegian Lutheran heritage. She uses songs, humor and historical information. She will be in costume, share some family heirlooms and some of her rosemaling collection.