



Vonheim Saga
Published Monthly by
Vonheim Lodge #1-108
Sons of Norway

Fra Presidenten

Spring Has Sprung!

As I write this, we are looking at a couple of weeks of warmer weather leading up to the official springtime. We will be having our last Sunday meeting at ASI then return to our 3rd Tuesday at LCGS.

In these busy times, the advent of spring reminds me of my high school math professor. He proclaimed, "Spring has Sprung, and so have I!" His tight schedule leading up to break made him most anxious for the return of the more pleasant outdoor season.

On the news front, Norway, who leads the way on human rights, has named Indian and Pakistani childrens advocates as winners of their Nobel Peace Prize. The United States Senate has finally confirmed an Ambassador to Norway, Minnesotan Sam Heins. This followed a controversial attempt to appoint a political donor that knew almost nothing about Norway.

Tusen Takk

Merle Tingelstad

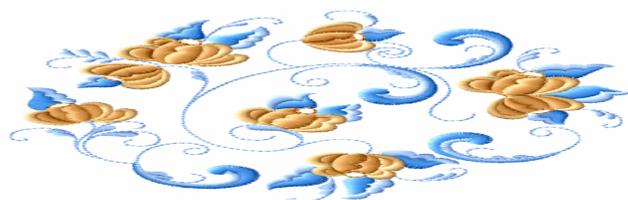
**Sunday, March 20,
2:00 p.m.
American Swedish
Institute**

**Pati Kachel is a Story
Teller on many topics.
"Ya Sure, I'm a Norvegin
Luteran."**



**She
shares
captivat-
ing
stories
honoring
her**

**Norwegian Lutheran
heritage. She uses songs,
humor and historical in-
formation. She will be in
costume, share some fam-
ily heirlooms and some of
her rosemaling
collection.**



COMING EVENTS

(Meetings at the American Swedish Institute, 2600 Park Ave So, Mpls in Paulson Hall in the lower level)

March 20th 2PM

Meeting returns to the Lutheran Church of the Good Shepherd
April 19th at 6PM

2016 NORWEGIAN LANGUAGE CAMP SCHOLARSHIPS

Concordia Language Village Scholarships

Remember that the deadline for the Norwegian Language Camp Scholarships is March 15. Required documents are proof of registration from CLV and a sponsoring member form, both sent to Dennis Sorheim psorheim@juno.com . Questions?
(651) 451-7313

Masso Moro Language Camp

Masso Moro is a 2 week Norwegian Language Camp sponsored by District 5, S/N, located near Eau Claire, Wisconsin.

It is held every August and has a quality program for a reasonable cost.

Vonheim is awarding two \$200 scholarships for members' youth.

Contact Dennis Sorheim at
(651)451-7313 or
psorheim@juno.com.

Vonheim Lodge Meeting Notes

American Swedish Institute

Sunday, February 21, 2016

23 Members and Guests attended our meeting and program on a beautiful Sunday afternoon. Business was kept to a bare minimum. Our upcoming programs were announced. Our March meeting is still at the American Swedish Institute on the third Sunday afternoon. In April we shift time and location back to 3rd Tuesday evening at the Lutheran Church of the Good Shepherd.

Gregg Iverson encouraged the continued collecting of used postage stamps for Tubfrim. Dennis Sorheim did not have a final report of scholarship recipients yet.

John Lauritsen, news reporter with WCCO Television, was our featured speaker. John gave us insights on what goes into a typical newscast. He has a news meeting at 2:15 each day, where reporters like him pitch news events that they are following to the team that includes the news director, reporters, videographers, the executive producer and legal counsel. They pick the best news stories and the crews are dispatched to their assignments to put together a cohesive package that can be aired. Breaking news is always happening and is not so cleanly scripted. Breaking stories frequently preempt the packaged news. John talked about their food and restaurant specialist who did a spot on Lutefisk in December. Their primary political reporter has also had a lot going on with the presidential campaigns in progress. That Sunday evening, John was reporting on Snow Kiting. Of course, the good reporter had to try it out. John found it to be much more challenging than his instructor made it look.

We closed the meeting with refreshments that were enjoyed by all. John stayed to answer individual questions.



Fellesraad Centennial Celebration

May 5-8, 2016
Brooklyn Center, MN

**Join our celebration!
Learn about Norwegian bygde-
lag, heritage, history and hopes.
For information go to:
www.fellesraad.com/centennial
or call Jean Knaak at
651-357-6139**

**Invite your friends and relatives
to join you.
Share with others who might
like to celebrate their Norwe-
gian heritage.**

Fellesraad/centennial.com

The Recruitment Challenge is Back!

Throughout the year, Sons of Norway Headquarters is putting your lodge to the test to see if you've got what it takes to be the best recruiting lodge in the organization. Like in the past though, it's all about net-growth so keeping members is just as important as getting new ones.

For more information about the 2016 Recruitment Challenge, log onto www.sonsofnorway.com/challenge or contact Joe Eggers, Membership Coordinator at membership@sofn.com.

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Pre-need Life Insurance/Burial Insurance The product is NORDIC PROTECTOR

Sons of Norway has now a great product that we all should consider. It is a final expense policy.

No one likes to think about their own funeral. Just think about that. Do you have \$8-10,000 set aside drawing little or no interest . Now you can get a product that has :

- _ Inflation Protection
- _ Exempt Assets
- _ Simplified Underwriting
- _ Guaranteed Cash Value
- _ No Medical Exam , only simple yes/No questions

The product has more features that are not listed. Please contact your Financial Benefits Counselor

David Kompelien for more information.
His number is 651 454 6401

Litt pa Norsk

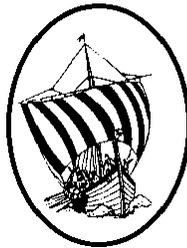
Nordmenn elsker å reise
Sommeren er høysesong for barne-
familier på tur. Nærmere åtte av ti ba-
nefamilier som planlegger ferie til ut-
landet neste år, sier de skal reise til
sommeren. Seks av ti uten hjemme-
boende barn sier det samme.

With Deepest Sympathy

**Enid Griffin passed away on Jan.
16, 2016, at the age of 86 . She was a
member of Vonheim for almost 40
years. Our deepest sympathy to her
family.**

Vonheim Saga

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www.Vonheim108.org

DAVID JONES speaking on THE STATUE OF LIBERTY AND IMMIGRATION

April 19th at Luther Church of the Good Shepherd at 6PM



David Jones is a native of St. Peter, MN and graduated from Gustavus Adolphus College. He spent 24 years in the financial services industry and three years in the nonprofit sector.

He has spoken to a wide range of audiences on historical topics since 1996, including retirement communities, community education programs, schools, churches, civic groups, women's clubs and more. He has given more than 600 presentations to over 16,000 people.