

Vonheim Saga  
Published Monthly by  
Vonheim Lodge #1-108  
Sons of Norway

## Fra Presidenten

### Godt Nytt År!

This is my last column as President of Vonheim as the new year brings the installation of Don Teigen as President. I wish Don the best and will be there to support him.

At our Julebord meeting, I joked about the slogans of recent US President campaigns. I told Don that I had run on *Hope and Change*, but he will *Make Vonheim Great Again*.

I wish that I could have reversed the aging trend that is key to long-term survival. We can't recreate the conditions that allowed Vonheim to grow to about 4000 members at its peak, before District 1 charter flights to Norway ended.

We can't dwell on what was, but need to create what will be. We have a lot that is worthy of preserving, but we must find the new compelling reason why younger people would want to be involved. If we can engage youth, their parents will naturally follow.

I would like to thank the many who gave so much to keep our lodge functioning, especially the past few years where my work demands were not compatible with my proper leadership role for the lodge.

Tusen Takk  
Merle Tingelstad



Jack Pearson, Minnesota folk musician and author/storyteller, will be performing for us at **Norway House** on **Saturday, January 14th** at **1PM**. Jack's award-winning style of folk music and storytelling has delighted family audiences around the country for over thirty years. Be prepared for some sweet pickin' and singin' as Jack serves up Scandinavian favorites like "Josefin" and don't be surprised if Sven, Ole and Lena put in an appearance! Rumor has it that Jack's even promised to bring his ... *amplified toy box lid*?! Come on out for a good old-fashioned family time!



## COMING EVENTS

Meetings are held on **Saturday** at Norway House, 913 E. Franklin Avenue, adjacent to Mindekirken in Mpls. (Lillegren Room on the lower level)

Feb 11th Lodge mtg at 1PM

Mar 11th Losge mtg at 1PM

### New Officers for 2017

Don Teigen, President-Elect 952-922-6282  
[dteigen@q.com](mailto:dteigen@q.com)

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This is a correction.

Ray Brau, Fin. Benefits Counselor  
952-994-5762

Website---[www.Vonheim108.org](http://www.Vonheim108.org)  
Facebook—Sons of Norway Vonheim Mpls  
MN

### Salvation Army Bell Ringing

On December 6th the Vonheim Lodge Bell ringers raised \$531.50 for the Salvation Army. The Bell ringing was done at the Festival Foods at 401 w 98 st in Bloomington. It was a cold day but the bell ringers did well.

Thanks to Bob Hagen, Carolyn Hagen, Don Teigen, Russ Tokhrim, Gene Brandvold and David Kompelien who did the bell ringing.

### Vonheim Lodge Meeting Notes

Lutheran Church of the Good Shepherd

Tuesday, December 20, 2016

About 60 members and guests enjoyed Vonheim's annual Julebord celebration. We began with food. Vonheim provided rice pudding, Rommegrot, meatballs, pickled herring, lefse, vafler and open face sandwiches (cream cheese with cucumber and gjetost on fruitbread). Our guests contributed their dessert items.

A brief meeting was held. President Tingelstad asked if any of our guests were present at a Vonheim meeting for the first time. No hands were raised but it was noted that we had an infant that at her first meeting.

Marilyn Boe talked about our next meeting in January. It is important to note that new location is Norway House and it is on the second Saturday, January 14, beginning at 1pm. This will be our new time and place for meetings at least through March. Folk musician and story teller, Jack Pearson will have a great program for us.

Dennis Sorheim talked about scholarships. We have just received our information from home office, and Dennis will get registration information for Skogfjorden and Masse Moro into an upcoming newsletter.

President Tingelstad put in a plug for Masse Moro as a very affordable alternative to Skogfjorden. What a great way to introduce youth to our heritage.

A special guest arrived just as our meeting was closing. Santa Claus came to visit with the children and give them each a gift. We celebrated with singing of carols in a procession around the Christmas tree.

## Photos from the December 2016 Julebord



President Merle Tingelstad poses with newly elected President Don Teigen

Santa visits with Vonheim children  
(more photos on facebook)



# 2017 NORWEGIAN LANGUAGE CAMP SCHOLARSHIPS

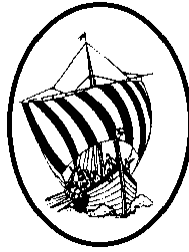
Vonheim Lodge will again be providing scholarships to youngsters who are children or grandchildren of lodge members in 2017. Grants will be made to attend either Skogfjorden Language Village near Bemidji, MN, sponsored by Concordia College, or Masse Moro, a Norwegian Heritage camp sponsored by District 5 near Eau Claire, WI.

Registration for Concordia Language Village will again be online at [www.concordialanguagevillages.org](http://www.concordialanguagevillages.org). Proof of registration must be submitted to Vonheim's scholarship chair, Dennis Sorheim, at [psorheim@juno.com](mailto:psorheim@juno.com). For any new families who are considering sponsoring young people to attend Skogfjorden, contact Dennis at the above e-mail address or call him at (507) 698-0111 if you have questions. Vonheim's deadline for this registration is March 15<sup>th</sup>.

The Masse Moro experience is a two-week camp in August held near Eau Claire, WI. This is a less expensive opportunity. Previous campers speak highly of this experience as well. The registration for Masse Moro is not until May, 2017, but if any families are thinking of sending young people there, please notify Dennis by March 15<sup>th</sup> as well. It is helpful to know the total number of campers attending both camps to facilitate the allocation of money for the individual scholarships. [www.massemoro.org](http://www.massemoro.org)

# Vonheim Saga

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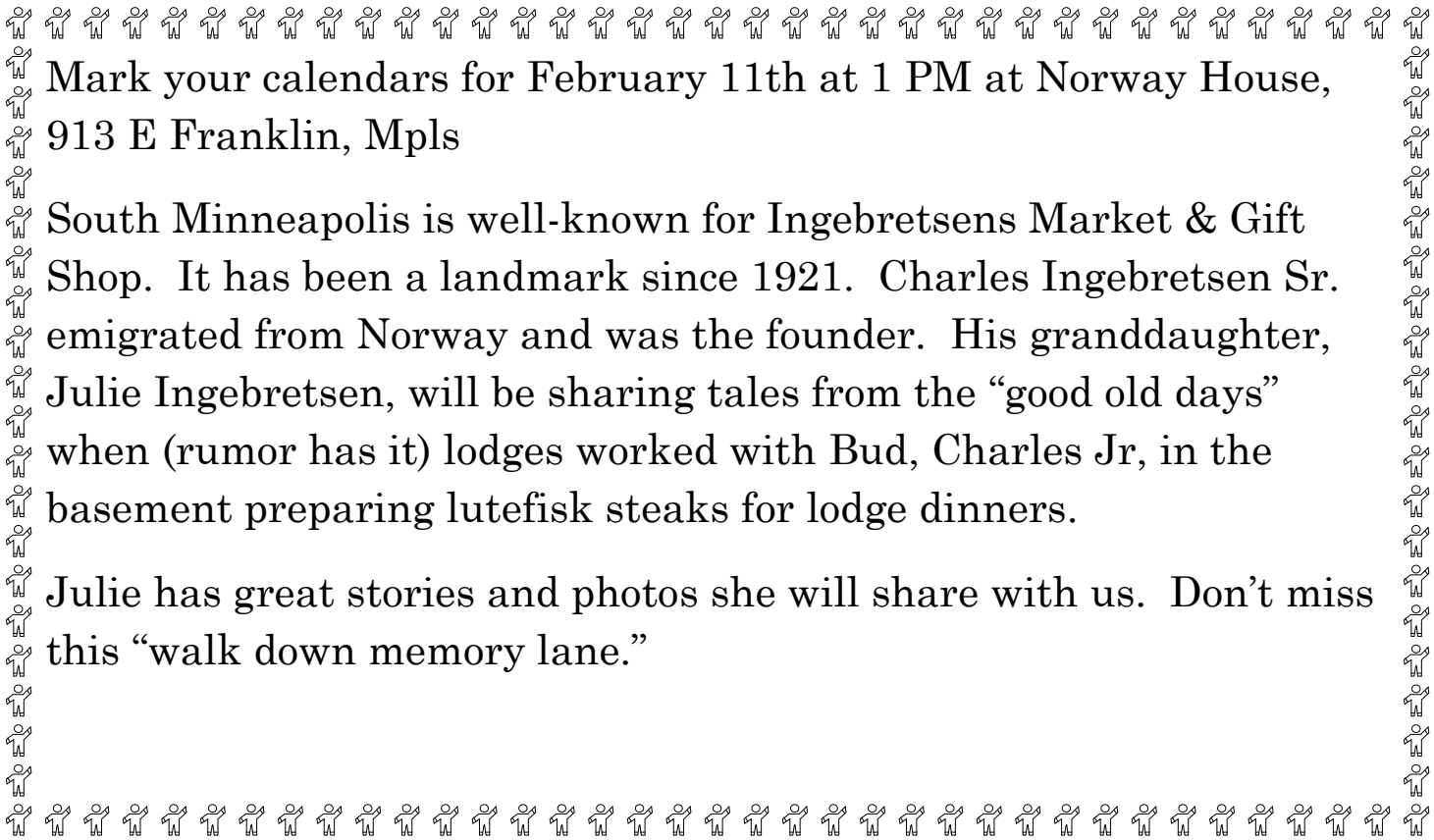
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**January 2017**

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Mark your calendars for February 11th at 1 PM at Norway House, 913 E Franklin, Mpls

South Minneapolis is well-known for Ingebretsens Market & Gift Shop. It has been a landmark since 1921. Charles Ingebretsen Sr. emigrated from Norway and was the founder. His granddaughter, Julie Ingebretsen, will be sharing tales from the “good old days” when (rumor has it) lodges worked with Bud, Charles Jr, in the basement preparing lutefisk steaks for lodge dinners.

Julie has great stories and photos she will share with us. Don't miss this “walk down memory lane.”