

Vonheim Saga
Published Monthly by
Vonheim Lodge #1-108
Sons of Norway

Fra Presidenten

FRA PRESIDENTEN

The presenter at our program meeting on October 13 was Odell Bjerckness, former Executive Director of the Concordia Language Village, Professor Emeritus at Concordia College in Moorhead, and author of many books on a Norwegian theme. He spoke on the history and mission of educating young persons (over 5,000 students annually) in one of several languages offered. The Sons of Norway District 1 and Vonheim Lodge helped in the formation of and continue to help in providing resources and scholarships to the Norwegian Village, Skogfjorden. Our next meeting on November 10 will feature a musical and comedy program presented by Viktoria Borgessen who plays the nyckelharpa, a traditional string instrument. The meal will be potluck. So please bring food to share. Our Julebord meeting for all members and guests including families and children will be on Tuesday evening, December 18, at the Lutheran Church of the Good Shepherd, the same location as in previous years. Election of Officers and Directors for the next two years is scheduled to take place at the November 10 meeting. Please consider becoming a Lodge Officer. This can be an opportunity to serve while continuing to have a great cultural and social experience. The lodge would benefit from your service as well. Contact Nominating Committee Chair Merle Tingelstad at 763-422-0202.

Fraternally,
Don Teigen
dteigen@q.com

Join us on
NOVEMBER 10 for
our traditional Potluck
luncheon and Program at
Norway House, 1:00p.m.
Don't forget to bring a dish to
share

Viktoria Borgessen presents
an entertaining program of
music and comedy while
playing Scandinavian folk
tunes on her nyckelharpa.
While relating the history
and mechanics of the
instrument, she may
occasionally lapse into telling
stories and a few jokes.

The nyckelharpa is an
amazing instrument which is
rarely seen.

This is a delightful program
you will not want to miss.



COMING EVENTS

Meetings are held on **Saturday** at Norway House, 913 E. Franklin Avenue, adjacent to Mindekirken in Mpls. (Lillehaugen Room on the lower level)

Nov 10th 1PM Lodge Mtg
Dec 18th 6PM Julebord @ LCGS

Vonheim Lodge Meeting Notes

Norway House, Minneapolis, MN
Saturday, Oct 13, 2018

19 members and guests attended our program. President Don Teigen opened the meeting with reminder that we need to have officer elections in November. Merle Tingelstad and Pam Rose should be contacted if you are interested in serving. Merle Tingelstad asked Gene Brandvold to rise and be recognized for his service to Vonheim, District Lodge and International. He is moving this month to Rushford, MN. The lodge gave him a gift certificate for Pedal Pushers Café in nearby Lanesboro.

Marilyn Boe announced our next meeting on November 10. Vonheim will have a Potluck lunch and a music and comedy program with Viktoria Borgessen. Please bring a dish to share. Vonheim will be having our Julebord meeting at Lutheran Church of the Good Shepherd on Tuesday evening December 18. It is always well attended.

Our speaker, Odell Bjerkness attended with his wife. He was the Executive Director of Concordia Language Village for 25 years. He spoke about the idea behind the formation of the villages. First, is to recognize that the best time to learn language is at a young age. Second is that a fully immersive experience where the language to be learned is the primary language spoken provides the best environment. Odell commented that fluency in another language helps students distinguish themselves from the pack to create unique job opportunities.

Odell wrote *It Takes a Village: The Story of Concordia Language Villages* and books about Norwegian traditions: *Norwegian Folk Weddings*, *The Prince and the Nanny* and *Three Weddings and a Funeral*.

Odell had fond memories of the help (grant money and volunteer work) that Sons of Norway District 1 provided in the formation of the Norwegian Village, Skogfjorden. Vonheim played a significant role through Orville Prestholdt and Walter Jacobson. We enjoyed homemade Beef Barley soup and Chicken Noodle Soup provided by Debbie Husby. Carolyn Hagen brought a meat and cheese tray from Cub to make sandwiches. Thank you for a delicious meal!

Kringle

Add your own Christmas twist to this Old Norse inspired cookie.

Submitted by Christopher Mohs, Vikingland Lodge 1-495, Detroit Lakes, MN

Ingredients:

1 cup sugar
1/2 cup melted butter
1 cup buttermilk (or 1 cup regular milk soured with 1 tbs of lemon juice or white vinegar)
1 tsp baking soda (added to the buttermilk)
1 large egg
1/2 tsp salt
1/2 tsp ground cardamom
3 cups flour (may take more)

Directions:

In a mixer, add sugar, melted butter, egg, salt, cardamom and the buttermilk mixture (that includes the baking soda). Mix together well and then add the flour, 1/2 cup at a time until the dough becomes stiff. (It will still be a little slack, slightly looser than a sugar cookie dough.) Cover with plastic wrap and refrigerate overnight. The next morning pre-heat the oven to 350 degrees and remove the dough from the refrigerator. On a floured board roll out approximately 1 1/2 tbs of dough into ropes that are approximately 6-8 inches in length. Dipping your finger in water lightly, wet both ends of the rope and seal together to make a ring or circle. Give the ring one twist to form a figure eight and place on a parchment lined baking sheet, leaving approximately 1/2 inch between each one to allow for the rise while baking (they will double in size). Bake for 20 to 25 minutes or until just starting to brown. Remove and let cool before enjoying.

A Nordic Christmas Wonderland

Deep within the Norwegian mountains, the town of Røros, Norway, transforms into a magical Christmas market for one weekend, every year. The streets of Røros are lined with more than 60 market stalls, Christmas food and traditional activities. Drawing in hundreds of visitors, Røros offers a wonderful start to the Christmas season. Experience Røros by taking a romantic sleigh ride, exploring the nooks and crannies of the old copper mining town or warm up with some freshly made gløgg. This picturesque, Nordic town was the inspiration behind Disney's movie, Frozen.

Kids can meet the beloved reindeer Sven, build snowmen or try tobogganing.

Temperatures regularly dip below freezing, but the Christmas market

thrives every year. This year's festivities will be taking place on December 6 -9. To learn more about the Christmas market held in Røros, visit <https://www.roros.no/en/the-roeros-christmas-fair/>

More about enchanting Røros can be found online in the November 2016

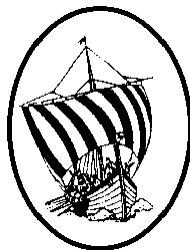
Viking. Log in at www.sonsofnorway.com, then access the Viking ar-

chive by clicking on the Norwegian Culture drop down menu on the homepage.



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Sons of Norway Vonheim Lodge #1-108
Mailer: Merle Tingelstad
12895 Kerry St NW
Coon Rapids, MN 55448



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OFFICERS AND CONTACTS

Don Teigen, President	952-922-6282
Merle Tingelstad, Vice President	763-422-0202
Marilyn Boe, Social/Cultural	763-420-9980
Louise Bakken, Editor	763-545-4827
Adele Davis, Cheer Person	612-822-7663
Ray Brau, Fin Benefits Counselor	952-994-5762

www.Vonheim108.org

www.facebook.com/vonheim108

December Julebord

Tuesday, December 18th

Place: Lutheran Church of the Good Shepherd, 48th and France, Mpls

Time: 6:00 p.m.

This is the time for families to enjoy delicious traditional Norwegian food—all furnished.

To add to this we ask everyone to bring a favorite Norwegian pastry.

Santa will be here with a gift for each child.