



Vonheim Saga
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Vonheim Lodge #1-108

Fra Presidenten

Let's Find a Solution!

Vonheim, like many lodges in Sons of Norway, is facing an age old problem— old age. In the past few months we have lost active members who served the lodge well, due to untimely passing and moving away.

If we do nothing different, this trend will continue to where we may not be able to exist as a lodge. We may not have much time. Our leadership and active attendees to lodge functions are mostly in the 80's or 90's. We have had to cut back on the scholarship dinner and find it more challenging to put on our Julebord.

We really need to get a younger segment of our lodge to become regularly involved and to ultimately assume the leadership of the lodge. Your help in getting your families more engaged is vitally important. There are many capacities in which to help. The younger groups can guide us into a relevant future. Without them we are heading into the sunset.

Please consider working with our board to revitalize Vonheim.

Tusen Takk,

Merle Tingelstad

Julebord Meeting December 18, 2018

46 members and guests gathered at the Lutheran Church of the Good Shepherd to celebrate the Julebord. Vonheim provided traditional Norwegian foods: Riskrem, Rommegrot, Kjøttkaker, Sursild, Lefse, Vaffler, open face sandwiches with gjetost and cookies. Lodge members also brought some of their favorite treats to share.

Merle Tingelstad thanked everyone who helped put together this food table and those who brought treats from home. He announced that we had decided at the November meeting to not meet in January or February of 2019 as they are the coldest months. The board will meet to conduct business. While these announcements were being made, Santa Claus arrived to meet with the children and to give them gifts. The children gathered around the Christmas tree and danced while the rest helped to sing several carols.

After our celebration, we continued with the business portion of our gathering. We needed to elect an executive board and trustees. Elected were: Merle Tingelstad, President; Pam Rose, Vice President; Carolyn Hagen, Secretary; Don Teigen, Treasurer; Russell Tokheim, Trustee; and Dennis Sorheim, Trustee.

A motion was presented and approved to send \$200 to Marie Sandvik center as we did not have a fundraising raffle for them this year.

We were pleased to see Lois Settergren in attendance. We had announced at our November meeting that her husband, Dale, had passed away.

With regrets, it was announced that Gregg Iverson had also recently passed away. Gregg was at almost every Vonheim function and served as our Tubfrim stamp contact. Between him and his father Arnold, Vonheim had collected and cut out over 1 million stamps and sent them to Tubfrim. Gregg was also known as a perennial candidate for office, having run for governor, mayor, council, US Congress, etc. A moment of silence was observed in his honor

COMING EVENTS

Meetings are held on **Saturday** at Norway House, 913 E. Franklin Avenue, adjacent to Mindekirken in Mpls. (Lillehaugen Room on the lower level)

March 9th Lodge Meeting
1:00 PM at Norway House

Netflix på norsk

Winter months are a great time to get cozy and catch up on your favorite TV shows.

For subscribers to Netflix, there are an ever-increasing number of Norwegian titles available. Have a look at the descriptions of the latest batch of Norwegian-made films and TV series.

- **Maniac / Maniac** – TV series - TV-MA

A nondescript man in a mental hospital has an exciting life of adventure and romance – in his head. He may be insane, or maybe he's just having fun. Mind-bending, Off-beat, Absurd

- **Norsemen / Vikingane** – 2 seasons – TV

-MA In 790 AD, the Vikings of Norheim have a hectic schedule that includes pillaging, plundering, enslaving others and solving problems with violence. Violent, Dark, Period Comedy

- **The Last King / Birkebeinerne** – Rat-

ed R In 1204 as civil war rages, Norway's dying king entrusts two warriors to protect his infant son against internal forces determined to kill the heir.

Exciting, Adventure, Period Piece

Coming soon ...

A new Netflix original series from Norway has just started production. "Ragnarok" is the story of a Norse god who comes back to life as a teenage boy. The six-part series is a mash-up of Norse mythology and a high school drama.

2019 NORWEGIAN LANGUAGE CAMP SCHOLARSHIPS

Vonheim Lodge will again be providing scholarships to youngsters who are children or grandchildren of lodge members in 2019. Grants will be made to attend either Skogfjorden Language Village near Bemidji, MN, sponsored by Concordia College, or Masse Moro, a Norwegian Heritage camp sponsored by District 5 near Eau Claire, WI.

Registration for Concordia Language Village will again be online at www.concordialanguagevillages.org. Proof of registration must be submitted to Vonheim's scholarship chair, Dennis Sorheim, at psorheim@juno.com. For any new families who are considering sponsoring young people to attend Skogfjorden, contact Dennis at the above email address or call him at (507) 698-0111 if you have questions. Vonheim's deadline for this registration is March 15th.

The Masse Moro experience is a two-week camp in August held near Eau Claire, WI. This is a less expensive opportunity. Previous campers speak highly of this experience as well. The registration for Masse Moro is not until May, 2019, but if any families are thinking of sending young people there, please notify Dennis by March 15th as well. It is helpful to know the total number of campers attending both camps to facilitate the allocation of money for the individual scholarships. www.massemoro.org



THIS AND THAT

Life Before Computers

- Memory was something you lost with age.
- An application was for employment.
- A program was a TV show.
- A cursor used profanity.
- A keyboard was a piano.
- A web was a spider's home.
- A virus was the flu.
- A CD was a bank account.
- A hard drive was a long trip on the road.
- A mouse pad was where a mouse lived.

Smiling

Smiling is infectious, you catch it like the flu.

When someone smiled at me today, I started smiling too.

I passed around the corner and someone saw my grin.

When he smiled, I realized I'd passed it onto him.

I thought about the smile then realized what it's worth,

A single smile, just like mine, could travel round the earth,

So, if you feel a smile begin, don't leave it undetected,

Let's start an epidemic quick, and get the World infected.

Did you know: Using shampoo on your hair while showering can lead to weight gain. The bottle states "*For Extra Body and Volume.*" Start showering with dishwashing liquid whose label states "*Dissolves Fat that is otherwise difficult to remove.*"

The Ten Commandments (Norwegian Version)

1. Der's only one God, ya know
2. Don't make that big stuffed fish on your mantle an idol
3. Cussin ain't nice
4. Go to church even when you are up nort
5. Honor your folks
6. Don't kill. Catch and release
7. There's only one Lena for every Ole. *No cheatin.*
8. If it ain't your lutefisk, don't take it
9. Don't be braggin bout how much snow you shoveled
10. Keep your mind off your neighbor's hot dish

Seven Rules of Life

1. Make peace with your past so it won't disturb your future.
2. What other people think of you is none of your business.
3. The only person in charge of your happiness is you.
4. Don't compare your life to others. Comparison is the thief of joy.
5. Time heals almost everything. Give it time.
6. STOP thinking so much. It is alright not to know all the answers.
7. SMILE! You don't own all the problems in the world. !

A recent study has found that women who carry a little extra weight, live longer than the men who mention it.

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www.Vonheim108.org
www.facebook.com/vonheim108

Winter Meeting Schedule

Vonheim Lodge will not meet in February 2019. There will be no newsletter until late February.

March will resume the yearly schedule at Norway House. Your Officers urge you to be careful when it is snowy and icy.

