

## Vonheim Lodge



Vonheim Lodge is a part of Sons of Norway, the largest Norwegian-American organization in the world, with over 66,000 members and over 400 lodges.

Our lodge is 100 years old with about 430 members. Members from the greater Twin Cities Metro area come to meetings to learn more about Norwegian culture and heritage or simply to spend some time with others who love the Nordic countries.

Each month we have a brief business meeting, our program for the day, food, beverages, fellowship, and good conversation.



Learning røsmaling  
(Norwegian painting) at  
summer language camp

## JOIN US

Join us at a monthly meeting

### Guests are welcome!

We meet the 3<sup>rd</sup> Tuesday of each month at:  
Lutheran Church of the Good Shepherd  
4801 France Avenue South  
Edina, MN 55410

Fellowship Hall, Lower Level  
Handicapped access with ramps and elevators  
Check our website for the latest information:

[www.vonheim108.org](http://www.vonheim108.org)

Most meetings begin at 6:30pm.

Meeting dates and location may change.

## Vonheim Lodge

**Merle Tingelstad, President**  
**Vonheim Lodge 1-108**  
**13636 Marigold St NW**  
**Andover, MN 55304**  
**Phone: 763-422-0202**  
**[www.vonheim108.org](http://www.vonheim108.org)**  
**E-mail: [mctingels@aol.com](mailto:mctingels@aol.com)**

### Financial Benefits Counselor

David Kompelien  
Kompelien & Assoc. Insurance  
1726 Kyllö Lane  
Eagan MN 55122  
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## Vonheim Lodge 1-108



Learn more about Norway  
and Norwegian Culture

Information  
Brochure



The Desirable Home  
[www.vonheim108.org](http://www.vonheim108.org)

Phone: 763-422-0202

## Vonheim Lodge



Vonheim: "The Desirable Home".

### Sons of Norway

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

Sons of Norway promotes Norwegian traditions and fraternal fellowship through the cultural and social opportunities offered in local lodge and district lodge activities.

These activities include language camps and classes, scholarships, handicrafts, cooking and heritage classes, heritage programs, sports programs, travel opportunities, Viking Magazine, and outreach programs sponsored by the Sons of Norway

### Membership

Our requirements for membership are simple.

Any individuals, 16 years and older, who are interested in the mission of Sons of Norway are welcome.

We have Individual, Spouse, Youth and "Heritage" memberships.

If you are a member:

\*Your children, grandchildren and great-grandchildren 16-23 may qualify for a free membership OR

\* if they are under 15, may join as free "Heritage" members.

Any Individual who is an active member may serve on the board and/or become President.

Learn more on our lodge website's "Membership" page.

[www.vonheim108.org/membership.htm](http://www.vonheim108.org/membership.htm)



A Link To Your Heritage.

### Cultural Activities

Sons of Norway Cultural Skills Award Program has 14 areas of study where you can learn and practice your skills in such areas as:

- Norwegian Language
- Norwegian Cooking
- Genealogy and Family History
- and more

#### 2014 Vonheim Membership Dues:

**\$41.50 Individual**

**\$34.50 Spouse**

**\*\$25.50 Youth (age 16-23).**  
*FREE to a direct descendant of a member or live with a member.*

**\*FREE Heritage (Under 15 years)**